

Unified-N-Flight Midwest Invitational

hosted by

Unified-N-Flight Youth Track & Field Club, Inc.

Sunday, June 15, 2008

Facility: Walsh Jesuit High School (4550 Wyoga Lake Road) has an 8-lane, 3,000 seat stadium located in Cuyahoga Falls, Ohio

Meet Details: Fully Automated Timing (FAT)

USATF Sanctioned Meet (You **Do Not** need an USATF sanction to compete)

There will be heats and finals for hurdles and 100 meters unless 8 or few competitors.

Field event athletes are required to bring their own implements, meet does not supply.

Throwing events (shot, discus, turbo javelin) and jumps (long, board, triple) will get 4 attempts.

Bib Numbers **MUST** be wore on front of uniform top. Athletes without bib number **WILL NOT** compete.

Awards: Individual Medals for 1st – 3rd places and ribbons for 4th – 6th places

Team Trophies for 1st – 3rd place Clubs based on team scoring (**Coaches/Parents are encouraged to participate in team competition**)

There will be a male and female Meet MVP based on individual scoring.

Point System (10pts-1st, 8pts-2nd, 6pts-3rd, 4pts-4th, 2pts-5th, 1pt-6th)

Registration: Begins **April 21** and the **deadline is June 11, 2008**. There is **NO** day of event registration or changes. Any changes must be made before the June 11 deadline therefore please review entries before the deadline.

Please check www.unifiednflight.com on **April 21** for registration instructions or go to www.coacho.com

Payments: The registration fee is \$12 per entrant (max of 4 events).

Make checks/money orders payable to: **Unified-N-Flight Youth Track & Field Club, Inc.**

Payment & copy of registration form sent to: **120 Westwood Avenue, Akron, OH 44302**

No Refunds!!

Directions: From south (Canton):

77N → Rt. 8N → Exit Steels Corners Rd → Turn Left → Go to Wyoga Lake Rd → Turn Right → School on the left

From north (Cleveland):

271S → Rt. 8 S → Exit Rt. 303 → Go Straight → Go to Wyoga Lake Rd → Turn Left → School on the right

From west (Toledo):

Ohio Turnpike East → Exit 180 Rt. 8 South → Exit Rt. 303 → From Rt. 303 follow above directions

From east (Youngstown):

Ohio Turnpike West → Exit 180 Rt. 8 South → Exit Rt. 303 → From Rt. 303 follow above directions

Age **Year of birth**

Divisions: Sub-Bantam(2001-2000), Bantam(99-98), Midget(97-96), Youth(95-94), Intermediate(93-92), Young(91-90), & Open
Sub-Bantam events are 100, 200, 400, turbo javelin & board jump

Order of 3000m Race-walk, 3000m, hurdles (80,100,110), 4 x 800, 100m, 1500m, 400m, 4 x 100, 800m, 200m, 4 x 400

Events: There will also be a combined 4 X 200 for the (11-14); (15-18); & Open Groups

Shot Put, High Jump, turbo javelin, Long Jump, Discus, Triple Jump

Open Athletes will compete first then the youngest age group to the oldest for that event!!!

Age Groups and males/females may be combined depending on number of competitors in some events!!!

Field events and race walk start at 8:30am and other track events start at 9:00am!!!

Contacts: Courtney Taylor Unified Head Coach 330-762-8569 Courtneytaylor@unifiednflight.com

For meet updates, meet questions and club information go to www.unifiednflight.com

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